

Welcome to the 2009/2010 Stoney Point Stingrays swim team! I am very excited for the upcoming season. We have a wonderful mixture of veteran and novice swimmers on the team this winter. Greta McChesney, Greg Gibson, Bailey Carver, Sue Pokorny, Zach Hayes, Bill Klahn and myself will be joined by Andrew Seberger this winter to coach the team.

Parent meetings are this first week on June 1st at 7:00 and June 4th at 7:30. I hope everyone can make it to one of the meetings.

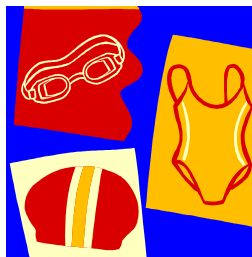
Practices will be Monday, through Thursdays from 7:00 to 8:00 for 10 and unders, then 8:00 to 9:30 for 11 and olders and Fridays from 5:30 to 6:30 for everyone.

Meet schedules and entry forms for the dual meets should be in everyone's folders this week. If you don't see them, please ask myself or one of the coaches. You must swim in three meets in order to swim in the sectional swim meet on February 14th.

To be included on our listserv, please make sure you e-mail Greg Gibson at gpgibson@rockwellcollins.com

Check out our website at www.spstingrays.org.

Paul Below



Essentials items—This year we are offering items for sale the first week of practice. Suits, goggles, swim caps can be bought at the front desk of the Stoney Point Y through Friday October 28th. This is an excellent opportunity to pick up supplies for the upcoming season.

Important Dates:

11/12/2009 - Time Trials (sign-up sheets should be in your folders yet this week)

11/21/2009 - Turkey Meet at Stoney Point

